

Activity	Deliverables counted in	Hours	Evidence / Support documents	Minimum n. of ECTS	Maximum n. of ECTS
Thesis preparation	<b>MINIMUM REQUIREMENT:</b> Thesis manuscript deposited	4,800 h	Deposit of PhD thesis and approval of deposit of academic commission following report of the theses director(s)	480	480
Results dissemination	<b>MINIMUM REQUIREMENT:</b> 1 academic publication (paper / conference proceeding paper / book / book chapter) in international or national academic journals or e-journals with ISSN, books or e-books or book chapters by international or national publishers with ISBN, proceedings of international or national academic congresses in books or e-books with ISBN. These publications need to be published, published online (with DOI number), or accepted for publication at the time of depositing.  Additional publications as above (up to a total maximum of 4)	100 h  100 h. each	Paper / Proceedings paper. For published papers, full reference of the publication with DOI number of the paper or ISBN of the edited book. For papers accepted for publication, certification of the publisher / editor of admission to publication is required.	10	40
Mobility	<b>MINIMUM REQUIREMENT:</b> 1 congress participation with presentation of peer-reviewed paper, organised by national or international entities (Includes physical or online congresses, seminars, workshop, symposia)	20 h./ attendance	Certificate of participation / registration	2	6
	Additional congress participations / presentations as above (up to a total maximum of 4)	15 h./ attendance	Certificates of participation / registration		
	1 academic stage (out). Research or educational stay at a host academic institution (university or research centre) of a minimum of 1 month (30 days, consecutive), up to a maximum of 3, or different stays in more than one centre totalling a duration of 30-90 days, supervised by a member of host institution as tutor	110 h./ month	Certificate awarded by host academic institution providing a statement of number of days of duration of the stay and activities carried out	33	
	1 academic stage (in). Research or educational stay at URV for students based abroad or in partner universities, of a minimum of 1 month (30 days, consecutive), up to a maximum of 3 (90 days)	110 h./ month	Certificate awarded by URV (Doctoral Program Tourism and Leisure) providing a statement of number of days of duration of the stay and activities carried out	33	
Research workshops	<b>MINIMUM REQUIREMENT:</b> Attendance to 2 research workshops (as URV Doctoral Days or similar) at URV, or at host institutions during mobility, or at other universities, in the course of the doctoral training period, with physical or virtual attendance	25 h./ in room + 15 h./ preparation (each seminar)	Certificate of participation with detail of n. of hours	8	12
	Attendance to additional research workshops as above (up to a maximum total of 3)	25 h./ in room + 15 h./ preparation (each seminar)	Certificates of participation with detail of n. of hours		
Research seminars	<b>MINIMUM REQUIREMENT:</b> Attendance to a minimum of 6 research seminars during the period of elaboration of the thesis organized by URV (Research Fora or similar) or by other institutions	5 h./ workshop + synthesis (each seminar)	Certificate of participation with detail of n. of hours	3	4.5
	Attendance to additional research seminars as above (up to a maximum total of 9)	5 h./ workshop + synthesis (each seminar)	Certificates of participation with detail of n. of hours		
Thesis presentation and rehearsal workshops	<b>MINIMUM REQUIREMENT:</b> 2 presentation of PhD thesis advances during workshops, in the course of the doctoral training period. This includes tutorials with invited experts during the Doctoral Days, presentations of thesis advances to internal PhD workshop organised by URV or other universities, presentations to PhD workshops at national or international congresses	1 h./ presentation + 24 h./ preparation (each presentation)	Certificate of participation	5	7.5
	Additional thesis presentations as above (up to a maximum total of 3)	1 h./ presentation + 24 h./ preparation (each presentation)	Certificate of participation		
Training courses	Participation to training courses organised by URV or other centres on matters such as academic style redaction, research methods, academic writing in English, research software, etc., to be approved in the SAD as part of the training program	180 h. total (each training course)	Certificate of participation with detail of n. of hours		18